

## WORKSHOP-V

Half Day Workshop on

### ***“Phenomenological Approach to Qualitative Research”***

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The phenomenological approach to research has its roots in the work of a philosopher Edmund Husserl who developed the research method called 'phenomenology' for use in philosophy and human sciences. Husserl was skeptical of positivism and criticized universalization of the methods of the physical sciences. He advocated developing different and equally rigorous methods to study subjectivity and human matters. In psychology this method is a qualitative descriptive study of human experience. The aim is to study *what* is experienced and *how* it is experienced.

This half day workshop would aim to help students develop an understanding of the phenomenological approach in studying human experience. The fundamental procedures necessary for the study of experience, *epoché of the natural sciences* and *epoché of the natural attitude, intentional* and *eidetic analysis* would be examined. Finally the general analytic procedures with the constituent attitude, identification of meaning units and psychological reflections on meaning units will be taken up with examples.

This workshop would be useful for research scholars and faculty who intend to use phenomenological approach in their research in psychology. The discussion on philosophical issues shall be limited and pertaining only to providing grounding in the basic ideas of the phenomenology. The focus would mainly lie in understanding through example/s phenomenological approach to qualitative analysis in psychology.